

# Mobile Anesthesia for Dentistry

## *Pre-Op and Post-Op Instructions*

### **ANAESTHESIA FOR CHILDREN**

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Our goal is to provide a safe and comfortable experience for your child. Children should wear loose comfortable clothing and bring a change of clothes in case they become soiled. We also ask that you bring a warm blanket for your child and possibly a favourite stuffed animal.

On arrival to the dental office, the medical history will be reviewed and a brief physical exam will be conducted. Your child should use the washroom at this time. Most children will receive a pre-op medication in the dental office 30 min before their appointment. This medication is a syrup that will make your child feel sleepy. The goal of the medication is not to put your child to sleep but to relax them before they are brought into the treatment room. The medication will also provide some amnesia and children often do not remember coming into the room.

#### **During the Procedure**

Once your child is in the treatment room, they will be asked to breathe through a mask. In a minute or two, your child will be asleep. Vital signs are monitored continuously throughout the entire procedure. An IV (intravenous) is then placed in the hand, arm, or possibly foot, allowing us to give them additional medications and fluids to rehydrate them. A breathing tube is frequently placed. Your child will likely have a sore throat for a day or two. This is normal and will resolve on its own.

#### **After the Procedure**

After the procedure, your child will gradually start to wake up. It is very common for children to wake up feeling disoriented and agitated. This is normal and will pass as your child becomes more awake. It is possible for your child to feel some nausea or vomit after general anaesthesia. Medications are usually given to prevent this. Your child will feel cold and will possibly be shivering when he/she wakes up. This is normal and it will take a few minutes to warm up. It will take about an hour or so for your child to be ready for discharge home.

#### **Cost of the Procedure**

The anaesthesia fee is based on the time required for induction, completion of dental work and one hour of recovery. Units are based on the dentist's operating time (one unit is equal to 15 minutes). An estimate of the duration of the procedure and the fee is given to the patient prior to the sedation appointment. We accept payment by Visa, Mastercard, Amex, debit, or cash. Personal cheques are **NOT** accepted. Payment in full is required on the day of the procedure.

## PRE-OPERATIVE INSTRUCTIONS

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- **Nothing to eat eight hours prior** to your child's appointment. Nothing to drink **three hours** before the appointment.
- **Clear fluids are allowed up to three hours** before your child's appointment (e.g. water, apple juice without pulp). Milk is **NOT** acceptable.
- Your child should wear **loose, comfortable clothing** - short sleeves - as we need to have access to place the blood pressure cuff. Onesies are **NOT** acceptable, as free access to feet and toes are required.
- Please bring a **change of clothes** with you.
- Please bring a **warm blanket** and possibly a favourite **stuffed animal**.
- Please **contact the office** as soon as possible if there is any **change in your child's health** including a recent cough, cold, flu runny nose, fever or sore throat. The procedure may need to be rescheduled.

## POST-OPERATIVE INSTRUCTIONS

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- Your child may fall asleep or feel nauseous during the car ride home. It is usually helpful to have a second adult to watch your child in the car.
- For the rest of the day, your child should be closely monitored by a responsible adult.
- Your child should get lots of rest.
- Activity and play should be minimized.
- Your child should drink plenty of clear fluids.
- Your child may eat light, soft foods if they are able to tolerate it. It is possible for your child to not feel hungry for the first several hours.
- If your child has nausea or vomiting they should drink small quantities of fluid like flat ginger ale, water or juice. If the nausea persists they may be given Gravol. If they are unable to take the medication by mouth, than they can be given a suppository. If the nausea or vomiting is severe or persists, please contact Dr. Lok.